

Reviewed by Barb Tidd  
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The monthly Zoom events that have been the most meaningful, thought-provoking, spiritually uplifting, emotionally supportive, and fulfilling, are the **CAMINO WISDOM STORIES** hosted by Kathy Kehe of Longmont, CO and Adam Wells of the UK. These events are well organized with hosts' opening remarks, quotes, and/or video clips to set the stage and get one thinking and feeling immediately about the theme and how one might relate to it. Monthly themes give attendees an opportunity to share their stories whether having been on the Camino once or numerous times and whether as a peregrino or hospitalero or as a future peregrino. Participants are from different countries. I have been grateful for pilgrims' willingness to share their deep feelings, personal experiences, weaknesses and growth and/or continued struggles in their lives, which may have surfaced and which they explored and may be continuing to explore as a result of their Camino experience.

One of the best ways to communicate is through stories. As a life coach, Kathy is skilled in reflecting back, highlighting, and asking questions to further delve into stories shared. Humor is sprinkled throughout the events.

My first Camino, on the Camino Francés, will start in late August 2022. Thanks in huge part to my participation in Zooms of the Camino Wisdom Stories; Colorado Front Range, St. Louis, and Charlotte Chapters of American Pilgrims on the Camino; the American Pilgrims on the Camino Open House and National Events; recommended books and videos/films; and talking with friends who have walked the Camino, I feel like I've already started my Camino. *Who am I? What/who is the real me? What is my purpose?* While the answers to these questions may change on the Camino, for now, they are 'helper,' 'connector,' and 'organizer.' While I will be totally open to Camino angels helping me, I hope to be a Camino angel to others. The more I help, the more I am blessed and feel joy!

Of the many themes and points made during these events, these stick with me: The end of the Camino is the beginning of another journey. Like the Alpha and Omega that are reversed on the Cathedral in Santiago, one's Camino continues long after returning home. It never ends.

Also, I'm looking forward to Beebe Bahrami's new edition of her book, *Moon—Camino de Santiago* being released on April 26, 2022. I've enjoyed listening to and learning from Beebe on Zooms. 🙏

